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MANHUNT
SHOT FIRED IN
CLAYTON PARK
APARTMENT {page 5}



ON A ROLL
MOOSEHEADS' GOALS
COMING FAST AND
FURIOUS {page 22}



HALIFAX

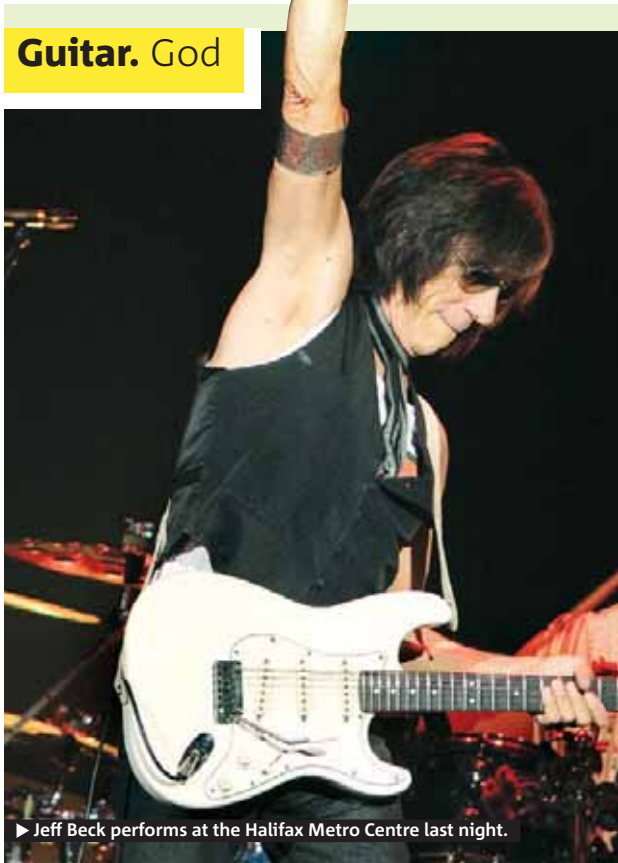
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Thursday, October 13, 2011
www.metronews.ca



News worth sharing.

Guitar. God



► Jeff Beck performs at the Halifax Metro Centre last night.

RYAN TAPLIN/METRO

Rocker rough and ready

Halifax was the first stop on the 67-year-old former Yardbirds guitarist's Canadian tour. Considered one of the best guitarists of all time, Beck is a member of the Rock and Roll Hall of Fame.

Stadium plans a hit and miss

- Mayor, councillors in attendance as residents debate project
- Most say facility must serve purpose beyond sporting events



ALY
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People were hot, cold and everything in between last night at the first of four sessions outlining Phase 2 of the proposed multi-use outdoor stadium for HRM.

More than 100 people young and old sat at tables of six at Maritime Hall at the Halifax Forum to discuss their visions for a stadium in Halifax. Brightly coloured Post-it notes were scribbled with opinions and littered across a "stadium spectrum" on the wall. A slight edge was given to the "pro-stadium" crowd, but naysayers were not few.

"Let's not make the same mistake Moncton made," one note read on the left side of the scale.

But tempers flared even among

those who agree the region needs a stadium.

"Putting a stadium at (Saint Mary's University) is the stupidest thing I've ever heard," said Ron Mills of Halifax when responding to another's comment on location.

Many expressed concerns about the cost and function of the venue.

"I would like to see the arts brought in; not just sports, but arts and performances," said Marlene Coffey of Halifax.

Like many, Billy Reyno is still on the fence, and came to the meeting to find out more information.

"I'm pro-Halifax. I don't necessarily want to see them do this just for the sake of doing it. But if it makes sense, then I would be for it," he said.

The meetings continue tonight at 7 p.m. at Farrell Hall in Dartmouth to discuss location and design. A third meeting takes place next month, and a fourth in



RYAN TAPLIN/METRO

"I heard a lot of excitement tonight ... but a lot of concern about cost, location and size. There are people who do not want this."

COUN. JENNIFER WATTS

early December.

The sessions are a part of Phase 2 of regional council's \$275,000 feasibility study of the stadium.

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HEATING SAFETY

STAY WARM AND SAFE THIS WINTER!

There is something about the winter months and curling up with a good book by the fireplace but did you know that National Fire Protection Association (NFPA) statistics show heating equipment as a leading cause of home fire deaths? With a few simple safety tips and precautions you can prevent most heating fires from happening.

- Keep anything that can burn at least three-feet away from heating equipment,

like the furnace, fireplace, wood stove or portable space heater.

- Have a three-foot "kid-free zone" around open fires and space heaters.
- Never use your oven as a space heater.
- Have a qualified professional install stationary space heating equipment, water heaters or central heating equipment, according to codes and manufacturer's instructions.
- Have heating equipment and chimneys cleaned and inspected every year by a qualified professional.
- Remember to turn portable heaters off when leaving the room or going to bed.
- Always use the correct type of fuel, speci-

fied by the manufacturer for fuel burning space heaters.

- Make sure the fireplace has a sturdy screen to stop sparks from flying into the room. Ashes should be cool before putting them in a metal container complete with a tight fitting lid. Keep the container a safe distance away from your home.
- Test smoke alarms monthly.
- Install wood burning stoves following manufacturer's instructions. Personnel performing installation, inspection, and maintenance work need to be experienced and/or trained in such work.
- To avoid the risk of carbon monoxide (CO) poisoning be sure CO alarms are

WHAT IS AN OUTDOOR WOOD BURNING APPLIANCE?

An Outdoor Wood Burning Appliance is defined as "an appliance manufactured to be used in the open air to burn wood, equipped with a spark arrester". A spark arrester is defined as "a device fitted to an outdoor wood burning appliance to prevent the release of sparks into the atmosphere or surrounding area".

Outdoor wood burning appliances may be used throughout the Municipality subject to all applicable regulations found in HRM's By-Law Number O-109 Respecting Open Air Burning.

- Manufacturer's instructions are followed.
- Outdoor wood burning appliances are not placed on wooden decks or combustible platforms.
- The appliance is equipped with a spark arrester with no opening larger than 9.65 mm (3/8").
- Only dry seasoned firewood is used.
- Clearances of 4.75 metres (15 feet) are maintained from a dwelling or accessory building.
- Only one outdoor wood burning appliance is used on a property at a time. For more information, visit the Outdoor Wood Burning Appliances section at: halifax.ca/fireprevention

installed and maintained and that all fuel burning equipment is vented to the outside. According to NFPA, half of home heating fires are reported during the months of December, January and February.

CLOTHES DRYER SAFETY TIPS

The leading cause of home clothes dryer fires is failure to clean them.

- Have your dryer installed and serviced by a professional and always follow the manufacturer's operating instructions.
- Never overload your dryer.
- Do not use the dryer without a lint filter and make sure you clean the lint filter before or after each load of laundry. Remove lint that has collected around the drum.
- Rigid or flexible metal venting material should be used to sustain proper air flow and drying time.
- Make sure the air exhaust vent pipe is not restricted and the outdoor vent flap will open when the dryer is operating. Remem-

ber to make sure it is not covered by snow in the winter. Once a year, or more often if you notice that it is taking longer than normal for your clothes to dry, clean lint out of the vent pipe or have a dryer lint removal service do it for you.

- Keep dryers in good working order. Gas dryers should be inspected by a professional to make sure that the gas line and connection are intact and free of leaks.
- Make sure the right plug and outlet are used and that the machine is connected properly.
- Turn the dryer off if you leave the home or when you go to bed.
- Dryers should be properly grounded.



- Keep the area around your dryer clear of things that can burn, like boxes, cleaning supplies and clothing.
- Clothes that have come in contact with

flammable substances, like gasoline, paint thinner, or similar solvents should be laid outside to dry, before being washed or dried.

K&D Pratt reminds you to check your fire extinguishers and smoke alarms. Don't let this happen to your home



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ARE YOU PREPARED?

Natural disasters and other emergencies can occur suddenly, and often without warning. Be prepared when an emergency strikes by taking a few simple steps:

- Know the Risks
- Have an Emergency Plan
- Prepare an Emergency Kit

For more information, tips and resources visit:
halifax.ca/emo



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No new leads in search for missing woman

New Glasgow Police widened their focus area and called in extra recruits yesterday in the search for a 19-year-old Pictou County woman.

Police said as of late yesterday, no new leads have been found in the missing-persons case of Amber Kirwan, who was last seen around 1:30 a.m. outside of Dooley's in downtown New Glasgow on Sunday.

Const. Ken MacDonald said several out-of-town search-and-rescue teams were called in along with RCMP and members of the New Glasgow Fire Department to help with the search efforts.

"We expanded the search with the New Glasgow Fire Department boat, RCMP boat and having ground search-and-rescue members in kayaks," he said. "Searchers are also in wooded areas."

Police were spotted picking up black objects, which looked like shoes, from a grassy area near downtown New Glasgow yesterday afternoon, but MacDonald wouldn't confirm if the objects were relevant to Kirwan's disappearance.

NEW GLASGOW NEWS

CONTRIBUTED



► Amber Kirwan

Bust will have 'significant impact on drug trade'

► More charges expected as investigation continues into drug-trafficking case: Police ► Six remain in custody pending court appearances tomorrow

HEATHER GILLIS
HALIFAX@METRONEWS.CA

The RCMP in Nova Scotia have charged nine people in what they're calling one of the biggest drug busts of 2011.

Police say they seized 165 pounds of marijuana, seven kilograms of cocaine, about 2.5 kilograms of hash and hash oil, \$185,000 in cash and nine vehicles over the past two days.

The seizure comes after a six-month investigation into drug trafficking in HRM and the province, with seven residences being searched.

Police say they searched residences at 11 Springvale Ave. and 3457 Claremount Ave. in Halifax, 84 Adelaide St. in Fairview, 69 Sapphire Ct. in Lower Sackville, 180 Charles St. in Timberlea, and apartments 6A and 12A at 1980 Margaret's Bay Rd., also in Timberlea.

"These arrests will have a significant impact on the drug trade in Nova Scotia," said Chief Supt. Brian Brennan at a press conference at Halifax RCMP headquarters yesterday.

Police say the drugs, which were being trafficked from other parts of Canada, were destined for the streets of Nova Scotia, particularly HRM.

Police are investigating



► Chief Supt. Brian Brennan and Sgt. Brigdit Leger speak with reporters at the Halifax RCMP headquarters yesterday following the announcement of a large drug bust.

how the drugs entered the province but they "suspect they were probably driven here," said Brennan. "I find it hard to believe that that quantity had been flown here, cost-wise."

Police say the seized vehicles include a 2009 Acura TSX, a 2005 and 2007 BMW, a Volkswagen Jetta, a utility car and a one-ton truck.

"By taking drugs and cash out of the hands of dealers the RCMP is sending a message that we are

The charged

► **Possession for the purpose of trafficking (7)** Sean Michael Decker, Kenneth Vasil Keeping, Borden Silver Hovey, Lisa Anne MacMaster, Kevin James Matheson (all of

Halifax). Lucien Pierre Caestagne, (Victoria, B.C.), Anthony James Lee (Mill Bay, B.C.).

► **Trafficking (2)** John Willis Field (Timberlea), Kyle Ernest Shields (Lower Sackville).

going after those who are trafficking large amounts of drugs," said Brennan.

Brennan said the group was highly organized and likely has years of expert-

ise. He also said the charged individuals "leveraged a well-defined distribution network to move the drugs on to Nova Scotia streets."

1

news


The unflappable Sugar Bear probably wasn't worried, but new food-marketing regulations in the U.S. will likely spare cartoon cereal mascots. Scan the code.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at
metronews.ca

Scientists have made a genetic breakthrough that would have come in very handy in the 14th century. Video at metronews.ca/video

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► The War of 1812 is brought to life with costume and words as Defence Minister Peter MacKay speaks at Point Pleasant Park yesterday.

Aerospace firms in line for \$10M boost

Premier Darrell Dexter yesterday announced a \$10-million fund to help the province's defence and aerospace industry.

The fund will allow companies to apply for loans to help with expenses related to equipment, tooling or engineering.

Applications will be partially assessed on how many jobs will be created, and how funds help productivity and innovation.

"This is a very specific fund," Dexter told Metro. "One of the reasons (aerospace and defence companies) were not as successful in some of the contract proposals they had was around the way that proposals are scored with respect to access to capital."

Lapointe's beef

► The funding comes from a one-time allocation of the oft-maligned Industrial Expansion Fund — the largest investment from that fund since Auditor General Jacques Lapointe criticized it for lacking proper oversight.

Dexter said the fund is meant to help companies pay for one-time costs. He also noted the province stands to make money too, due to the rate at which the money is loaned.

The government says defence and aerospace industries contribute about \$600 million to the province's GDP.

● ALEX BOUTILIER

Feds unleash big guns to mark War of 1812

► Ottawa's \$28-million campaign unveiled as MacKay speaks in Halifax



ALEX BOUTILIER
@METRONEWS.CA

Thomas Haliburton was a boy when HMS Shannon returned to Halifax towing the captured American ship USS Chesapeake.

"The coils and folds of rope were steeped in gore as if in a slaughterhouse," Haliburton wrote of his experience clambering onto the Chesapeake in 1813.

Haliburton, who became an internationally renowned author, added: "Several sailors, to whom

Eye on history

► The bicentennial commemoration will include a nationwide education campaign, support for historical re-enactments and a permanent memorial in Ottawa.

liquor had evidently been handed through the ports by visitors in boats, were lying asleep on the bloody floor as if they had fallen in action and expired where they lay."

It's but one of many scenes that played out in Halifax, then the headquarters of the Royal Navy in North America, during the War of 1812.

And the federal government wants to make sure you don't forget it.

The feds said yesterday they will embark on a \$28-million campaign to commemorate the 200-year anniversary of the war over the next four years.

Defence Minister Peter MacKay was in Halifax to talk about the significance

of that war — part of several similar press conferences held across the country.

"After the war, the simmering tension that lingered on both sides of the border led to the consolidation of forces here in Halifax," said MacKay.

"It resulted in the naval dockyard that we see today, and the final construction of the Citadel.

"It's clear to me that the War of 1812 was a defining event in our countries' history."

Decision on contracts 'imminent'

A decision on the breakdown of \$35 billion worth of shipbuilding contracts should be coming soon, says Defence Minister Peter MacKay.

"I think imminent is a good way to describe it," MacKay told reporters. Current speculation has the decision coming early next week.

MacKay also had words

for interim NDP Leader Nycole Turmel, pictured, who said Tuesday she

thinks there's enough work for everyone.

"Perhaps that was a signal that the NDP are not accepting ... the necessity for fairness and merit-based decision-making in this important part of our economy," he said.

● ALEX BOUTILIER



RYAN TAPLIN

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News in brief

Thieves take copper wire

CRIME. Police are investigating a robbery in Cooks Brook after more than \$5,000 in copper wire was stolen.

On Tuesday, police received a report wire was stolen from a mining company on Highway 224.

Police said over the past four or five days, the suspects broke into a substation to remove the wire, causing about \$15,000 in damage.

● METRO

Contractors not happy

NEWPAGE. Some former contractors to the New-Page mill likely won't be going back to work next week under a \$14-million Nova Scotia government program, says a spokesman for the harvesters.

A group of 18 contractors, who cut wood from Crown lands, met in Port Hawkesbury yesterday to discuss the harvesting program meant to keep the industry alive until a buyer is found for the mill that shut down in Point Tupper last month.

Paul Delaney, a spokesman for the group, said the majority are dissatisfied with pay rates and harvesting areas contained in the province-funded package.

He said most of the contractors are being asked to work at 50 per cent capacity and with a 15 to 20 per cent cut in pay. **THE CANADIAN PRESS**



▶ A Halifax Regional Police officer looks through a wooded area next to a Clayton Park apartment building yesterday. Police responded to a call after a shooting inside the building.

Man targeted in failed shooting

▶ HRP are asking anyone with information to come forward ▶ Third shooting in past two weeks in HRM



ALY THOMSON
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Police say a shot fired at a man inside a three-storey apartment building in Clayton Park yesterday was not a random act.

At about 1:45 p.m., two men in their 20s entered the building at 5 Harlington Cres. and got into an argument with a male tenant who lives on the third floor, said police spokesperson Thersea Rath.

"This resulted in one of the men firing a shot at the male resident. However, he was not struck," she said, adding the altercation took place in the hallway.

The two men were seen fleeing from the building

Suspects

▶ Police say one suspect was wearing a white T-shirt, a black hoodie with a red lining, dark jeans with elaborate designs on the back pockets and white shoes.

▶ The second suspect had short facial hair and was wearing a white T-shirt, black hoodie and jeans.

out of the back entrance.

"We believe they fled the area on foot, but do not know if they may have got into a nearby waiting vehicle or if they had gone through the wooded area," said Rath.

Ian Wheatley had just woken up when he heard a

loud bang and yelling coming from down the hall of his third-floor unit.

"I was a little nervous ... so I just stayed away from the door and the walls," said Wheatley, who's lived in the building since July with a roommate.

A female tenant of the building, who asked not to be named, said the incident does not bother her.

"They didn't come and shoot up the whole building. Obviously they had a plan. I'm not worried anyone is coming to shoot me," she said.

She said this is the first time she has heard of something like this happening in the building, which she has lived in for about a year.

Scarce shrub found on conserved land

A shrub species that has never been seen before in Canada has been found by botanists on protected land in an area of southern Nova Scotia.

Sean Blaney of the Atlantic Canada Conservation Data Centre in Sackville said yesterday the discovery of the maleberry was made

3.5 The height, in metres, that the maleberry can grow.

near the end of September on lands protected by the Nova Scotia Nature Trust near Long Lake.

The maleberry is a member of the blueberry family

but produces non-edible fruit.

Blaney said the shrub is more commonly found in southern Maine and other parts of the eastern United States and, though it had never been seen in Nova Scotia, is a native plant.

"It's certainly been here for quite a long time judg-

ing by the size of the plants that we saw and the number of them — probably hundreds if not thousands of years," he said.

He said the shrub was discovered simply because researchers happened to be looking in the swampy area where it was found.

THE CANADIAN PRESS

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Economic growth on wane: Report

- ▶ But N.S. jobless rate now lowest in Atlantic Canada
- ▶ Deep Panuke project looked to boost 2012 exports



ALEX BOUTILIER
@METRONEWS.CA

Weakening U.S. demand, fiscal restraint and the slowdown of capital spending projects have downshifted Nova Scotia's economic outlook, according to a new report released by the Bank of Montreal.

BMO economists now project economic growth in the province to be 1.7 per cent this year, after the below-average 2.1 per cent in 2010. The outlook for 2012 is no rosier. The report notes the Atlantic provinces, with manufacturing and export-heavy economies, will likely see growth below two per cent through 2012.

But it's not all bad news.

NDP spending

BMO also had some positive words about Premier Darrell Dexter and his NDP government's attempt at reining in spending, noting the target of 1.3 per cent annualized spending growth is well below the five per cent growth seen over the last five years.

"Fiscal restraint and a slowdown in capital spending weigh on activity in the near term," Robert Kavcic, an economist with BMO, said in a release issued yesterday. "That said, while a sluggish job market is not helping, Nova Scotia's jobless rate is now the lowest in Atlantic Canada at 8.4 per cent."

Private-sector employ-



▶ Premier Darrell Dexter

ment this year, however, was 0.7 per cent lower than in 2010.

Looking forward, real GDP in the province is projected to grow by 1.7 per cent in 2012, above New Brunswick (1.4 per cent), P.E.I. (1.4 per cent) and Newfoundland (1.6 per cent). That's just below the national average of 1.8 per cent.



CAPE BRETON

Dexter blasts feds over shipwreck

Premier Darrell Dexter says it's unacceptable that the federal government is walking away from a shipwreck off the coast of Cape Breton that could pose a long-term environmental threat to a productive fishing area.

Dexter issued a stern rebuke to Ottawa yesterday soon after Transport Canada and the coast guard issued a joint statement saying the grounded bulk carrier MV Miner is not an environmental hazard because all of its fuel, lubricants and oily

bilge water have been removed.

"I just don't believe that we can simply accept that the federal government is going to walk away from a wreck for which they provided the permits," Dexter said.

"The one thing that is absolutely certain is that the province of Nova Scotia is not liable for damages. We didn't cause it." On Sept. 20, the empty 230-metre ship was being towed by a tugboat to a Turkish scrapyard when it broke free in rough seas and ran aground on Scatarie Island, a provincial wilderness area about two kilometres from the northeast coast of Cape Breton.

In the joint statement, Transport Canada and the coast guard said they have both fulfilled their commitments.

THE CANADIAN PRESS

DFO won't discuss rumours of job losses

The Department of Fisheries and Oceans is neither confirming nor denying rumours of looming job cuts.

DFO spokeswoman Melanie Carkner said yesterday the department, like all federal departments, is undertaking a "strategic review" to ensure it is operating efficiently.

"As a department, we're not going to discuss any rumours," said Carkner. "Once our plans have been finalized, we will provide more information."

Carkner did not expand on what "plans" those might be.

"We've been asked to find savings for Canadians," she said.

● ALEX BOUTILIER



For more news, visit
metronews.ca/
halifax

► Today marks 12 months since 33 Chilean miners were miraculously rescued from the San José mine
 ► The inspirational story earned 'Los 33' global fame ► For some, the past year has changed their lives for the better ► Others are battling poverty, addiction and unemployment

One year later

- **Yonni Barrios, 51.** The group's "nurse" is suffering from silicosis. Owns a warehouse, but earnings are slim. Receives a government pension.
- **Dario Segovia, 49.** Opened a greengrocer in Copiapó thanks to funding from Chilean businessman and philanthropist Leonardo Farkas. Receives a government pension.
- **Luis Urzúa, 55.** Gives motivational talks with some of his colleagues and receives a government pension.
- **Juan Andrés Illanes, 53.** Works as a motivational speaker and receives a government pension.
- **Juan Carlos Aguilar, 50.** Training to become a motivational speaker. Receives a government pension.
- **Edison Peña, 35.** Undergoing treatment for drug and alcohol addiction.
- **Claudio Yáñez, 35.** Unemployed and in financial difficulty. Gives motivational talks.
- **Osmán Araya, 31.** Unemployed and dealing with psychological problems. Not getting any government assistance.
- **Carlos Mamani, 25.** The Bolivian is unemployed and still living in Chile. Not giving interviews.
- **Richard Villarroel, 28.** Dealing with psychological problems.
- **Jimmy Sánchez, 20.** Discharged from hospital, but still dealing with psychological problems.
- **Raúl Bustos, 41.** Focused on motivational speaking.
- **Pedro Cortés, 27.** Unemployed and bankrupt, studying electrical technology.
- **Carlos Bugeño, 28.** Unemployed. Relies on charity.
- **Esteban Rojas, 45.** Unemployed and receives a government pension.
- **Carlos Barrios, 28.** Draws an income working as a driver with a friend.
- **Jorge Galleguillos, 56.** Gives motivational talks and receives a government pension.
- **José Henríquez, 55.** Told his story for the book *Miracle in the Mine*, published today. Receives a government pension and has decided to return to mining.



MIREYA
SEGUEL

METRO WORLD NEWS IN CHILE

They have travelled the globe, rubbed elbows with celebrities and been cheered as heroes the world over. One year after 33 Chilean miners were winched to the surface from their entombment 700 metres underground, they still get recognition for their incredible saga of endurance and survival.

But, perhaps surprisingly, the instant fame and status have brought problems of their own, and the promised riches have never materialized.

The Copiapó miners have walked a long road since their dramatic rescue from the San José mine was watched on television by an estimated one billion viewers.

Many of the miners say they are worse off now than they were before the accident. Some are without steady jobs and most are still on medical leave recovering from the trauma of having been buried alive for 10 weeks.

Fourteen of the miners rely on a government disability pension of \$470 a month, but they are still struggling.

Now, however, "Los 33"



are starting to mobilize, hoping to make some money from their experience. They have hired the law firm Carey and Company and established a committee to protect their image and sell their story. They have also signed a deal with the William Morris Endeavor agency for film and television projects. Meanwhile,

Hollywood producer Mike Medavoy plans to make a movie of their story based on a book by author Héctor Tobar, which was inspired by miner Víctor Segovia's writings while he was underground.

Determined to seek justice, some of the miners have filed a negligence suit against the Chilean govern-

ment for failing to ensure proper working conditions at the mine.

And, perhaps most surprising of all, more than half of the men say they want to go back underground. It's a matter of simple economics, they say — they need the money — and mining is all they know.

A celebration — then came the hangover

It should have been a time of triumph for the 33 rescued Chilean miners.

Instead, many of them partied a little too hard, and controversy has emerged over the effectiveness of the care the men received, especially after news surfaced that miner Edison Peña was in rehab for drug and alcohol abuse.

Alberto Iturra, chief psychologist of the rescue mission, says his team

couldn't prevent some situations from occurring. "A struggle began on getting exclusive interviews from the media, not allowing the miners to spend more time with their families," he said.

"Only a few days after their return to the surface, there was an explosive excess of partying and drinking for them. They didn't even have the time to rest in hospital."

But Alejandro Pino, manager of the Chilean Safety Association, insists he did everything he could to get the best results from the treatment program.

"Medical issues such as alcoholism are not necessarily as a psychological consequence of the accident," he said. "In truth, the men's psychological behaviour was much better than we expected anyway."

● JORGE ARELLANO IN CHILE



► Elvis fan Edison Peña ran the New York Marathon and appeared on David Letterman.

- **Mario Sepúlveda, 41.** The extroverted miner nicknamed "Super Mario" owns an event centre in Santiago.
- **Mario Gómez, 65.** Suffering from silicosis and wants to retire. Receives a government pension.
- **Víctor Zamora, 34.** Has no steady job. Sells fruits and vegetables from the living room of his home. Suffers from insomnia.
- **Franklin Lobos, 53.** Works as technical co-ordinator of Copiapó's football club development leagues. Receives a government pension.
- **Claudio Acuña, 36.** After failed attempts at getting into a new line of work, he was only able to land another mining job.
- **Víctor Segovia, 49.** Owns a taxicab and a school bus. He's writing a book about the accident based on diaries he kept while underground. Receives a government pension.
- **Ariel Ticona, 30.** He spends time at home with his daughter Esperanza, who was born while he was trapped underground. Unemployed and experiencing stress.
- **Daniel Herrera, 28.** As part of his therapy, he makes public appearances in a special hall dedicated to the miners at Santa Cruz Museum. Also on medical leave.
- **José Ojeda, 48.** On medical leave, he still suffers from the trauma of being trapped underground. Receives a government pension.
- **Pablo Rojas, 46.** Unemployed. Receives a government pension.
- **Omar Reygadas, 57.** Working as a motivational speaker. Receives a government pension.
- **Alex Vega, 32.** Has no steady job, but does temporary work as a mechanic. On medical leave.
- **Samuel Ávalos, 44.** Working as a motivational speaker.
- **Renán Ávalos, 30.** Dealing with psychological problems.
- **Florencio Ávalos, 32.** Unemployed but has applied for a job as a miner at Collahuasi copper mine in northern Chile.



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English runner admits cheating

► Sloan disqualified from marathon after taking bus to finish course ► Faces ban from future marathons

After crossing the finish line in third place and smashing his personal best, Rob Sloan celebrated and boasted how he'd just completed an "unbelievably tough" marathon.

It turns out that things weren't quite what they seemed.

Sloan, organizers say, had actually dropped out 32 kilometres into the race, hitched a ride on a spectator shuttle bus and emerged from the woods near the finish line to make the podium.

After initially describing claims that he cheated in

Famous cheats

► One of the most famous cases of cheating in a marathon came at the Boston Marathon in 1980, where Rosie Ruiz was the first woman to cross the finish line but was disqualified when officials discovered she jumped into the race about 1.5 kilometres from the end.

Sunday's Kielder Marathon in the U.K. as "laughable," the 31-year-old former army mechanic admitted

his transgression following an investigation.

"People in cars following the bus saw him get on and off. People saw him run through the bushes — we had him hook, line and sinker," said Dave Roberts, one of the marathon organizers. Sloan was stripped of his third-place result.

Fellow competitors and bosses of Sloan's running club, the Sunderland Harriers, criticized the runner for tainting an event labelled by organizers as "Britain's most beautiful marathon."

THE ASSOCIATED PRESS

Occupy. Philadelphia



► Protester John Leonard sleeps beneath a sheet of plastic on a fold-out couch outside city hall yesterday in Philadelphia.

MATT ROUREK/THE ASSOCIATED PRESS

Protests to cross into Canada

A demonstration in Philadelphia is one of many being held across the country recently in support of the ongoing Occupy Wall Street demonstration in New York. Similar protests are being planned in several cities across Canada for Saturday, including Halifax.

Teen charged with manslaughter

Gatineau police have up-graded charges against a Pontiac, Que. teen to manslaughter after a man who tried to stop teens from stealing a pumpkin two weeks ago died.

Korey Perry, 19, was arrested yesterday and made a brief appearance in court. He was initially charged with assault causing bodily harm.

Police said a group of men tried to steal a pumpkin from the IGA on 203 Chemin d'Aylmer on Sept. 29 when Paul Hines, 57, intervened.

Hines was beaten and transported to hospital in critical condition with head injuries. He succumbed to his injuries in hospital last Thursday.

Perry's arrest was car-

ried out at around the same time as Hines was laid to rest at St. Mark church.

Crown prosecutor Sylvain Petitclerc said the question of whether Perry should be detained in custody pending trial remains open.

Perry is set to appear in court at 9 a.m. today.

JOE LOFARO IN OTTAWA

News in brief

ADRIAN WYLD/THE CANADIAN PRESS



Backlog causing problems worldwide: RIM

Research In Motion's reputation for reliability took another bruising yesterday, as technical glitches affecting millions of BlackBerrys around the world spread to Canada, giving users another reason to switch to competitors.

The BlackBerry outage — the biggest in the company's history — even reached Prime Minister Stephen Harper's

office.

Andrew MacDougall, spokesman for the prime minister, took to social networking site Twitter yesterday and tweeted: "Am being impacted by RIM/Berry service outage — please call if you need to reach me."

Outages for RIM's instant messaging service, email and browsing started at the beginning of the week in Europe and then spread to the Middle East, Africa and hit Canada yesterday.

The list of affected regions also included areas of South America, as well as Asian markets including Hong Kong, Japan, Singapore and India.

RIM's chief technology officer David Yach said the company is working around the clock to send the undelivered messages, noting that the problem isn't related to a security breach.

THE CANADIAN PRESS

Air Canada strike put off for now

Air Canada passengers are breathing a sigh of relief that a day of uncertainty has ended with the blocking of a planned strike by flight attendants just hours before it was set to begin.

The Canadian Union of Public Employees, which represents 6,800 flight attendants, said it cancelled the strike after Labour Minister Lisa Raitt submitted two referrals to the Canada Industrial Relations Board at 2 p.m.

"During all previous discussions and negotiations between Air Canada and its flight attendants, at no time did the employer make a formal request for the maintenance of 'essential services' in the event of a strike," the union said in a statement on its website.

CIRB executive director Ginette Brazeau said the minister's action automatically suspends the

workers' right to strike.

"The parties cannot resort to their right to strike or lockout until such time as the board disposes of this particular referral," Brazeau said.

While a legal strike is not permitted, workers could have gone on wildcat strikes. However, union leaders could have faced large fines.

THE CANADIAN PRESS

Market moment

TSX



+ 154.4
(12,029.96)

Dollar



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Oil



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CHANGES TO TRAFFIC PATTERNS IN DOWNTOWN HALIFAX

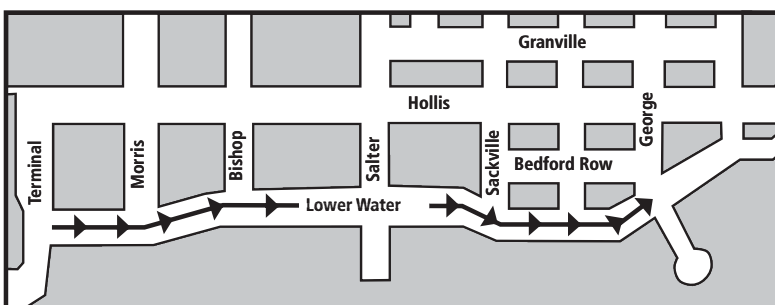
Effective Monday October 17, the two-way blocks on Lower Water Street (south of George Street) will convert to one-way traffic flow.

Initiated by a recommendation from HRMbyDesign and developed through public consultation, the changes in street direction will allow for new bike lanes and on-street parking spaces. This is the second set of changes to traffic direction downtown. One more phase, which will include additional downtown streets, is scheduled for March 2012.

HRM is advising motorists to refer to the information below and on our website, before you plan your downtown route.

Flow direction will change on the blocks marked

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TRAVELLING GETS THIS GUY FLUSHED

HE SAYS ...

JOHN MAZEROLLE
METRO



It says something about my lack of recent globetrotting that I'm really looking forward to discovering some strange bathrooms.

I'll explain that in a second,

but let it be known I've been stuck on this continent for five long years. In my 20s I had extended stays in Austria, Zimbabwe and New Zealand, and I've been home so long that I actually miss feeling uncomfortable.

I miss culture shock, in other words, which usually goes something like this:

- 1) Fascination with the new culture: "Wow, they eat lizard eyeballs here!"
- 2) Feeling uncomfortable: "My eyeball smells funny."
- 3) Rejection: "Who wants my eyeball?"
- 4) Understanding: "Ohhh, my eyeball needs Tabasco!"
- 5) Embracing the new culture: "I love eyeballs! Satisfying! Now, what was it you wanted to tell me was just a joke?"

I need bizarre food. I need confusing customs. I need to guess whether the local barfly seems like a big weirdo because of cultural differences between us or because he is, in fact, a big weirdo. And, yes, as a "one world" sort, I miss being able to embrace the full diversity of the world's bathrooms.

Here's a tour:

In New Zealand, the locals are very conservative — not in their politics, but in their generosity with toilet paper. It's an eco-friendly country, so toilet-paper dispensers only allow you one square at a time, and the automatic hand dryers turn on for approximately three microseconds, give or take a picosecond. Also, the flush is so wimpy that you can disturb the bowl equally well by jumping up and down on the bathroom tile. It's madness.

In Zimbabwe, by contrast, the flush is so powerful you have to grab hold of the doorknob first, lest you be caught in the maelstrom. Also, the public services aren't what they could be — the Murderous Despot Appropriation really cuts in-

to public funds — so I would often open a bathroom door and watch as a wave of filthy water rushed toward me while I scrambled to escape, Indiana Jones-style.

In Vienna (motto: "Kultur aus der Wazoo") there are "water closets" that play operas and urinals that are sculptures — no kidding. The urinal cakes may in fact be delicious pastry, but I never tried.

You can see how my boring old Canadian toilet isn't measuring up, no matter what Don Cherry thinks.

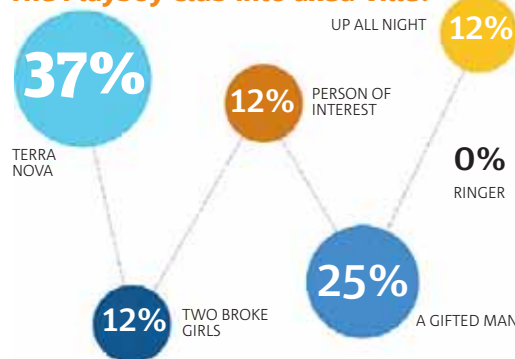
So, I'm now in the process of booking a one-month trek through Iceland, the Faroe Islands and Denmark. I'm hoping for interesting people, new food and plumbing to write about. Just thinking about it, I get a little flushed.

Read more of John Mazerolle's columns at metronews.ca/hesays



Register at
metropolitanpanel.ca
and take the quick poll

What new fall TV show should follow
The Playboy Club into axed-ville?



Worth Mentioning

Scientists have cracked the genetic code of the Black Death, one of history's worst plagues, and found that its modern day bacterial descendants haven't changed much.

Luckily, we have.

The evolution of society and medicine and our own bodies has far outpaced the evolution of that deadly bacterium, scientists said.

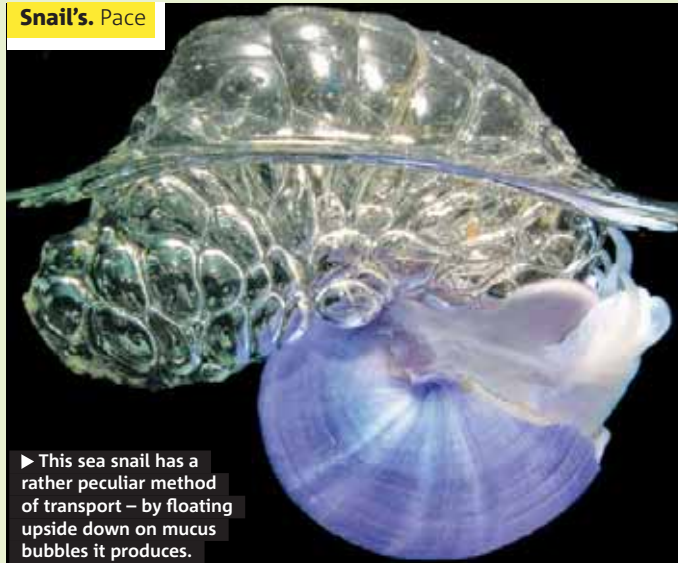
The 14th century bug is nearly identical to the modern-day version of the same germ. There are only a few dozen changes among the more than 4 million building blocks of DNA, according to the journal Nature.

What that shows is that the plague was deadly for reasons beyond its DNA, authors said.

In its day, the disease killed between 30 million and 50 million people — about one of every three Europeans. It came at the worst possible time — when the climate was suddenly getting colder, the world was in the midst of a long war and horrible famine, and people were moving into closer quarters, scientists say. And it was likely the first time the disease had struck humans, attacking people without any innate protection.

THE ASSOCIATED PRESS

Snail's Pace



► This sea snail has a rather peculiar method of transport — by floating upside down on mucus bubbles it produces.

Photo of the day
These colourful snails secrete mucus from their "foot," an organ at the base of their body. Instead of using slime to get around, they trap air inside fast-setting mucus to make bubbles that stick together and form rafts where they spend the rest of their lives.

WEIRD NEWS

It's like a deer in headlines

For the past week, a massive, short-tempered stag has been charging into British headlines, goring a man in the middle of a picnic and chasing one woman through the brush.

The stag's rampage has cast a shadow over Bushy Park, a quiet suburban expanse of tree-lined avenues and ponds some 21 kilometres southwest of central London.

"I've been in and out of the park for 20 years, and this is the first time I've heard of people being attacked in such

quick succession," said Robert Piper, a sports and wildlife photographer whose dramatic shots of the angry deer have kept it in the headlines.

Bushy Park holds 320 deer, which roam freely across a 445-hectare area of meadows and forested areas.

They are generally gentle creatures — until fall's rutting season.

Park veteran Dick Hill, a 64-year-old retiree with binoculars dangling from his neck, says, "There have been quite a few of (the incidents) this year."

Hill said a shortage of female deer could be to blame for the aggressive behaviour.

London's feisty press have traced the path of the stag's rampage under articles bearing names such as "Stag Fright." THE ASSOCIATED PRESS



► Matthew Good has never been one to hide his feelings on things.

More than marketing

► Matthew Good talks about formulaic music and the creative process he goes through

BACKSTAGE PASS

JENNA CONTER
METRO HALIFAX



Empty mix into bowl. Add milk and one egg. Stir by hand. Place in pan. Bake in oven. En-

joy.

A simple, straightforward process yields a perfect product every time.

A similar formula can be applied to the creation of today's top entertainers. Take one part slightly talented, small-town kid. Mix with labeled clothing, good hair cut, and opposite sexed counterpart. Place in large venue. Squeeze until empty. (Refrigerate in rehab for five to life.)

According to Matthew Good, it takes more than clever marketing to be an artist.

"Artists could be marginalized to such a point that it wouldn't mean anything

Appearing live

Matthew Good is performing tonight at Halifax Forum's Multipurpose Centre at 8 p.m. Tickets are \$35 at the door or \$30 in advance.

culturally to us. The reality is, it does," Good shared during a recent phone interview. "Music is different because there are artists and then there are entertainers. A line is drawn be-

tween the two."

Sure, throwing smiling, young faces on a stage and having them sing while dangling their hopes and dreams in front of them makes for great television, but Good warns that is not how artists are born.

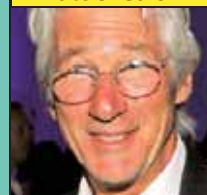
"You either are one, or you aren't one, you can't just become one," he said. "The majority of art created in this world is not done by happy people. If you're in a state of utter contentment, why would you be inspired to create anything?"

Writing through his addiction to Ativan, being bipolar, and a messy divorce, Good's ambition to continue to create music is his form of therapy. Success may put money in the bank, but, according to Good, is not an instrument with which to measure serenity.

"Contentment implies perfection. That's unfortunately because as an artist you try to find that missing piece to the puzzle that you'll spend your whole life trying to find."



Auctioned off



A collection of American vintage guitars owned by actor Richard Gere has fetched nearly \$1 million at auction in New York City. The top sale went to a 1960 solid-body Les Paul electric guitar by Gibson, which sold for more than \$98,000.

THE ASSOCIATED PRESS



London Film Festival opens with Jude Law, Rachel Weisz in romantic roundtable 360

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Captain Kirk is covering tunes



► William Shatner

► Shatner says he 'was on dangerous ground' with his new spoken-word album Seeking Major Tom

William Shatner has boldly ventured into a new space-themed project: a spoken-word, cover-tune album that the former Star Trek captain felt was a risk when he recorded it.

"It's such a departure and it's such a reinterpretation of some classics that I knew that I was on dangerous ground," Shatner, 80, said during a recent telephone interview to promote Seeking Major Tom.

"For the longest time I didn't know whether it was going to be accepted or not. It seems to be taking (off)."

Out this week as a two-disc CD version as well as a three-disc vinyl edition,

Guests

Guest artists include Brad Paisley, Zakk Wylde, Sheryl Crow, Ritchie Blackmore, Lyle Lovett, Steve Miller and Peter Dinklage. Also featured are members of the Strokes, the Kinks and Alice in Chains.

Seeking Major Tom features Shatner's trademark speak-sing interpretations of classic rock favourites and other space-themed songs.

The first tune, Major Tom (Coming Home), begins with a blast: the sound of spacecraft lift-off followed by pulsating '80s synth sounds and Shatner's deadpan-to-dramatic delivery of the lyrics.

Other songs include Rocket Man, She Blinded Me With Science, Walking On The Moon, Bohemian Rhapsody and Iron Man.

There's also an original tune, Struggle, by Shatner and producer Adam Hamilton.

Shatner said Cleopatra Records in Los Angeles approached him about a year ago to do recitations on an album. It wasn't a

stretch: after all, Shatner had already done this type of thing before, first with his much-lampooned 1968 album The Transformed Man, and then with 2004's Has Been.

"I ultimately presented them with this and they were a little hesitant at first and then they got behind it," said the Montreal-born star, who's won two Emmy Awards and a Golden Globe.

To gauge whether the project would work, Shatner and Hamilton tackled the toughest tune first.

"I didn't know Adam at that time and I said to him, 'Look, you don't know whether I'm capable of doing this and I don't know whether you're capable of doing this record. Let's start with Bohemian Rhapsody and if we can do Bohemian Rhapsody, we can certainly do the rest of the album,'" said Shatner.

"So we struggled through Bohemian Rhapsody for quite a while and got what we wanted and we realized that we could work together and do something that was very interesting."

THE CANADIAN PRESS

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Ashton's fling comes forward

► Woman says she spent Kutcher's wedding anniversary with him

Sara Leal, the San Diego woman who claims she was with Ashton Kutcher on the night of his sixth wedding anniversary, is breaking her silence.

"He just came up and kissed me," Leal tells Us Weekly of her introduction to Kutcher, who she claims had told her he was separated from Demi Moore.

Leal details a late night cavorting naked in a hot tub with Kutcher and one other woman before the pair retired to Kutcher's bedroom in the early morning. "He lost his towel and I took my robe off," Leal says. "Then we had sex." And apparently Kutcher's pillow talk got political, as Leal says he quizzed her on "up-and-coming candidates," she remembers.

"I said Rick Perry. He asked if I'd vote for him. I said I didn't know and he laughed. He laughed at pretty much everything I said." ● METRO



► Ashton Kutcher

Angie visits Libya for UN

Though she usually can't make a move without paparazzi knowing it, Angelina Jolie made a secret trip to Libya this week, according to

Reuters. "I have come to Libya for a variety of reasons, to see a country in transition at every level," Jolie said. The actress visited the country under her



► Angelina Jolie

role as an ambassador for the United Nations refugee agency, UNHCR.

● METRO

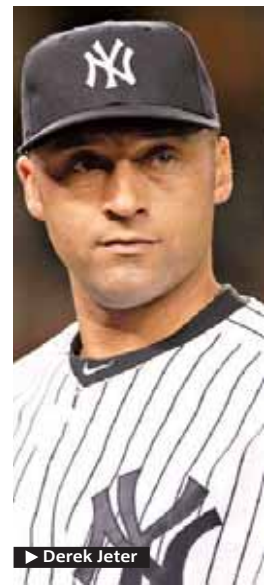
Jeter, Kelly on again?

Although they announced their breakup in August, Derek Jeter and Charlie's Angels star Minka Kelly were spotted "laughing and having a fun breakfast together" in Miami recently, according to Page Six.

"They met up to try and figure it out."

"They are trying to see what the future holds for them," a source says.

● METRO



► Derek Jeter

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Ozzy to be grandpa

It's a big month for Jack Osbourne, as his fiancée, Lisa Stelly, is pregnant with their first child, he told Piers Morgan in an interview, meaning shock rocker Ozzy will soon be a grandfather.

"I'm excited," Osbourne said. Osbourne and Stelly announced their

engagement two weeks ago.

● METRO



Beyoncé's 'folding' tummy causes uproar



► Beyoncé

An appearance on an Australian talk show has fuelled speculation that Beyoncé has been wearing a fake baby bump and is even paying a surrogate to carry her child for her, but her rep tells ABC News the rumours are "stupid, ridiculous and false."

During an interview for Australia's Sunday Night HD, Beyoncé's stomach appeared to "fold" when she sat down in her chair, according to eagle-eyed skeptics.

● METRO

Celebrity tweets



"@mrskutcher good luck tonight! you should be proud."



@aplusk



@billmaher

"Is there anything stupider in the whole world than newspaper cartoons of recently dead famous people meeting god in heaven?"

@ladygaga



"Just landed in London! Judas playing on Radio 1 the minute I turn it on! Thank u!! Missed the UK."

@SarahKSilverman



"I feel like there's not enough music in the streets lately."

[illegible]

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16

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THURSDAY, OCTOBER 13, 2011

3
life

The colour
of the
season

OD'ING ON YELLOW

Maybe there was a yellow special at the fabric fairs last year. How else to explain the canary overload this spring? **METRO**



MULBERRY



Stylish eyewear is a fall accessory must-have.

Your front row look at Fashion Month

► Four cities, three weather systems, 308+ runway shows and countless cups of Diet Coke later, the spring/summer 2012 shows are finally over ► We look back at the standout trends and most overdone looks from New York, London, Milan and Paris



KENYA
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METRO WORLD NEWS IN LONDON

Sweet and pretty

Just when you were beginning to get used to the idea of fall's kinky fetish wear, the fashion pendulum swung the completely opposite way for spring. Chanel, Louis Vuitton, Valentino and Givenchy are just a few houses that turned out the kinds of feminine, universally appealing dresses that both your mother and homegirl would approve of. Think: shimmery, ethereal dresses that resembled oyster shells and lace frocks the colour of lemon drops.

Tough and sporty

The spring summer collections will hit stores in February, just as preview coverage of the 2012 Olympics is getting underway. That's five whole months before you get sick of all talk about The Games. So it's no wonder that designers such as Alexander Wang, Stella McCartney, Nicole Farhi and Team Max Mara showed athletic-inspired collections complete with perforated leather, high-performance knits and enough mesh to outfit



► Gucci

an entire BMX team.

The revisited mid-century

Lately, the fashion weeks have been unfolding like a game of guess the decade. Last season was all about the '60s. The season before that, the '70s. And this time around, Prada, Jil Sander, Rochas and Dries van Noten were just a few that conjured up prim, '50s glamour. But it's a slightly different take on the

decade from the whole Mad Men look that was so popular two years ago. It's a little bit Happy Days, a little bit Hitchcock. Prada's stiff, greaser jackets, Sander's crisp poplin dresses and Rochas's full skirts made a strong case for a polished, coolly calculated approach to dressing that simply doesn't exist in this day where most women try very hard to look like they didn't put any effort into their appearance at all.

Flaptastic

The '50s wasn't the only decade to make a comeback for spring. Ralph Lauren, Marc Jacobs, Etro and Gucci all served up fantastical flapper collections with one key element that is sure to trickle its way down to the H&Ms and Zaras of the world: the dropped-waist dress.

Back to Africa

The use of African prints for spring/summer collections is hardly new. But this season, the trend seemed to reach a tipping point with Burberry Prorsum, Donna Karan, Michael Kors and Alberta Ferretti, among a long list of others, all showing prints that were inspired by the continent in some shape or form.



► Louis Vuitton



► Prada



► Burberry Prorsum



► Alexander Wang



They can't even agree to disagree.

News 95.7
ALL NEWS RADIO

Jordi Morgan
Weekdays
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Off-runway faves Enter with a bang!

► Warm weather meant Fashion Month showgoers got to pull their summer colours back out ● METRO



► Anne-Catherine Frey, Paris



► Eliza Doolittle, London



► Viviana Volpicella, Milan

THE KIT

BY CHANTEL SIMMONS

Get the best bangs for your buck with these expert tips from Kit Expert Greg May, owner of Greg May Hair Architects.

I really want bangs, but my stylist says they won't look good on me because I have a low forehead and cowlick. Any tips for getting the right bangs that I'll love forever — or at least for fall?

Never say never (like Bieber)! Some bangs — I call it a fringe — look better on certain face shapes and hair lines. If you have a lower forehead, a fringe isn't your best look, because it

can cut your face and can be hard to work with, since you don't have enough space to get the brush under the hair. Cowlicks and widow's peaks can also be challenging, but it's always possible to achieve a modified fringe. Once you've made the cut, make your priority after getting out of the shower drying your fringe before doing any-

thing else (the rest of your hair, make-up, etc.). Brush hair one way and then the other, which can



► Greg May, owner of Greg May Hair Architects.

help loosen the cowlick and make hair lay flat.

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Jeanne Space

In this hectic modern world, Twitter has become a cool and succinct way of communicating. It allows me to be accessible, instantly speak my mind, and connects me with all kinds of people. Whether it's a fashion question, or you just want to comment on life's bigger picture, I'd love to hear from you.



@Jeanne_Beker: Love the edgy cuts, masterful draping, and sleek ease of @gretconstantine. These guys REALLY know how to do it!!! Hooray for BRAVE fashion!



► Easy jersey pieces draped to perfection.

► @Jeanne_Beker: Warm colour pops the opening of @gretconstantine

► @Jeanne_Beker: Sleek gowns dictate a modern vibe @gretconstantine

► @Jeanne_Beker: Edgy black comes on strong @gretconstantine



► And now time for the boys, Ezra Constantine.

- @Jeanne_Beker: SO much eclecticism on Spring runways. Fashion direction is all over the map. Who else thinks "TRENDS" may soon be things of the past?
- @trend_stigator: Interesting obs! I think the trend will continue to be a movement towards creating individual style, and not being a follower.
- @Jeanne_Beker: Certainly hope so! People just have to be BRAVE!

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DIY IDEAS

With more forethought, Adam might not have bitten the apple and I might

not have planted apple trees. But he did, and I did, and we each must deal with the consequences.

For my part, I hadn't realized that apple trees had so many pest and disease

problems until I planted 25 dwarfs. Sure, those problems can be fought with repeated sprays of pesticides. But with a little research and planning, an acceptable crop of high quality ap-

ples can be harvested using little or no pesticide.

Insect thugs

The three major insect pests for apples are the apple maggot, plum curculio and codling moth. Apple

maggots are the worst of the lot, dimpling fruits and riddling them with brown trails of burrowing larvae.

Thankfully, the apple maggot has an Achilles heel. When this insect emerges as a fly about six weeks after the trees have bloomed, the females search around the biggest, reddest apples in which to lay eggs. Ms. Maggot can be hoodwinked with fake apples: red spheres coated with a sticky material called Tangletrap.

Or with sacrificial real apples: Buy the firmest, reddest Red Delicious you can find, force a stiff wire through the core to hang the apple, and coat the fruit with Tangletrap.

One trap per dwarf tree, hung at head height in clear view, or four traps per full-size apple tree, should provide an irresistible enticement to the egg-laying apple maggot.

Plum curculio, which is active during the six weeks immediately following bloom, can cause fruit to drop early. The traditional way to thwart it, effective if done diligently, is to spread

an old sheet or dropcloth beneath each tree each morning, then give the tree or branches a sharp whack with a padded mallet.

Curculios drop from the tree and play dead, at which point they can be gathered up and destroyed. Letting chickens forage beneath apple trees also offers some control.

Spraying is another way to control curculio. The material, marketed under the name Surround, leaves a white coating on the fruit. Build up a good, powdery base with three sprays just before trees bloom, then spray every seven to 10 days, or after heavy rains.

The clay spray also thwarts codling moth, with its signature big, fat worm. This pest is active for much of the season, but even unchecked, affects only 25 per cent of fruits.

Disease

The three worst diseases afflicting apple trees are fire blight, cedar-apple rust and scab. Certain pesticides control cedar apple rust, but spraying must begin before blossoms open.

LEE REICH/THE ASSOCIATED PRESS

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► Here's half of an apple with a codling moth inside of it in New Paltz, N.Y.



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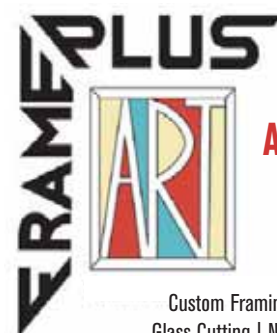
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GEORGE DOYLE/STOCKBYTE/THINKSTOCK

Renovation nation

▶ Taking the next step to improving your home or condo



Metro's homebuyers Joe Stanton and Liam and Madeleine Rushton have both purchased a new home. Now they are talking about renovations and trying to determine how to go about getting them done.

When Stanton, a 42-year-old banking executive, closed the deal on a downtown condo, he knew the first thing he would do when he took possession was upgrade the bathroom.

The Rushtons, who just found out they are expecting twins, are keen to have a family room in their new home in the suburbs. They definitely have the space to add a room ... now all

they need is the know-how.

Moe Abbas, owner of Ottawa General Contractors, says the first step in any renovation is the design process itself. You need to spell out exactly what you want to do in order to get a good quote for any project.

"The best is to go with a design and build company," he says. "Then I would call a few contractors to get a rough idea of how much it would cost."

The Rushtons' project will cost about \$100,000 while Stanton's bathroom will run \$10,000.

The Rushtons hire an architect for detailed plans of their sunroom.

Stanton plans out his bathroom himself, using his own ideas and gathering information from bath-

room retailers and renovation sources including books, magazines and websites.

For the Rushtons, "It's a very detailed process. It'll be about five to six months to see a shovel hit the ground," Abbas says.

Abbas recommends padding the quoted price by five to 10 per cent. Part is for the normal overrun of a project, but also because the Rushtons and Stanton will likely change plans.

"People always want to add things while they're renovating — you might as well do the siding, you might as well change the windows — you see what I mean," he says.

"It's very rare that an addition comes in at the price it was quoted at."

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Plan your financing as well

When 42-year-old Joe Stanton first stepped into the downtown condo he ended up buying, he fell in love with it ... all of it but the bathroom.

Embarking on a reno is always exciting, but Stanton also knew to put the fi-

nancial part of his plan in place, too.

Here's what you need to know when planning the costs of a home renovation.

GETTING STARTED

Not sure how much it will cost to demolish and rebuild a spa-like bathroom? The project can vary depending on the home.

"Homes these days differ in size — you have little condos and then very large homes and then within that, renovations can really vary," says Adrienne Kavanagh, a registered interior designer with AK Interiors in Vancouver.

Along with asking friends and family who have done similar renovations what their final bill was, talking to contractors can nail down a budget of what you need to spend to make your dream room come true.

Once a budget is established, make sure you add

Contractors

Not sure if you are hiring a pro or a con artist? Here's what to watch for when interviewing potential contractors.

- ▶ They don't show up for your appointment or they are late.
- ▶ They can't provide references or documents of insurance papers, etc.
- ▶ They are not comfortable

in money for contingency planning. Who knows — you may decide to add a heated floor to your bathroom reno or perhaps the demolition will unveil some wiring or hidden asbestos to contend with.

PAYMENT PROCESS

Aside from receiving an unexpected windfall, speak to your bank about different financing options, includ-

ing a loan or line of credit.

- ▶ They ask for too much money upfront.
- ▶ In the end, opt for someone whose personality doesn't conflict with yours. "If you can't be comfortable living with this contractor in your home for the duration, then you shouldn't hire them," says Adrienne Kavanagh, a registered interior designer with AK Interiors in Vancouver.

● **ASTRID VAN DEN BROEK**

The entire chunk of reno money shouldn't be handed over in one shot. If anything, Kavanagh estimates that generally a 25 per cent down payment is acceptable.

Finally, be sure that all of this information is laid out in a contract that both you and your contractor have signed.

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Pear dessert with fall

► Add the fruit for a touch of the season ► Pear Pie shakes up a classic



► This recipe serves six to eight people.

Preparation:

1 Preheat oven to 200 C (400 F). In a large bowl,

toss pears with sugar, flour and lemon zest and juice. Reserve 250

Ingredients:

- 1 l (4 cups) sliced, peeled Bosc or Bartlett pears
- 75 ml (1/3 cup) sugar
- 30 ml (2 tbsp) all-purpose flour
- Zest of 1 lemon

- Juice of 1/2 lemon
- 250 ml (1 cup) sour cream
- 2 ml (1/2 tsp) vanilla extract
- 2 ml (1/2 tsp) almond extract
- 1 unbaked pastry shell (23 cm/9 inch)

Topping:

- 50 ml (1/4 cup) all-purpose flour
- 30 ml (2 tbsp) butter, melted
- 30 ml (2 tbsp) brown sugar

ml (1 cup) of pear mixture and set aside.

2 In a small bowl, combine sour cream with vanilla and almond extracts. Add to pear mixture and mix to coat. Pour into pie shell and top with reserved pears in a fan pattern.

3 Topping: In bowl, combine flour, butter and brown sugar until crumbly. Sprinkle over pears.

4 Place pie in preheated oven and bake for 10 minutes. Reduce heat to

180 C (350 F) and bake for another 45 minutes or until pears are tender.

THE ASSOCIATED PRESS/
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Weekly Cookbook

Renowned for its charm and comfort food, Loveless Café in Nashville, Tenn., serves some of the best desserts below the Mason-Dixon line. It is also the city's landmark restaurant.

In Desserts from the

Famous Loveless Café (Thomas Allen & Son, 2011), pastry chef Alisa Huntsman takes the most beloved Southern ingredients and flavours and combines them to create desserts with a modern appeal.

Muddy Fudge Pie, Red Velvet Cake, Blueberry Skillet Cobbler, Pear Coffee Cake, are among the 100 recipes included.

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4
sports

More sports



► Dry slugger
Greg West.

DARTMOUTH MOOSEHEAD DRY WILL LOOK TO BOUNCE BACK TONIGHT IN THE NOVA SCOTIA SENIOR BASEBALL LEAGUE FINAL. DARTMOUTH, WHICH HOSTS THE HALIFAX PELHAM MOLSON CANADIANS FOR GAME 5 OF THE BEST-OF-SEVEN SERIES AT 7:30 P.M. AT BEAZLEY FIELD, WAS DUMPED 9-2 IN GAME 4 ON MONDAY. THE SERIES IS TIED TWO GAMES APIECE, WITH GAMES 6 AND 7, IF NECESSARY, ON THE WEEKEND.

Goal-happy Moose on a roll

► Mooseheads host Armada tonight enjoying impressive early-season scoring binge ► Rare winning streak could extend to four games



MATTHEW WUEST
@METRONEWS.CA

Goals, glorious goals.

Halifax Mooseheads fans have been starved for them for the past three years, but the famine appears to have ended. With 43 goals in just 10 games — including a 19-goal feast in their past three — the Mooseheads are third in the QMJHL in goals per game.

"Pretty much everyone on this team can score and that's what makes us strong — you never know who's going to step up," said Mooseheads defence-man Konrad Abeltshauser. "We have different players doing it every night."

To put things in perspective, the Mooseheads hadn't scored 19 goals in any three-game stretch since November 2007. Coming into this season, they'd averaged a meager 2.69 goals per game since 2008-09, the second lowest total in the Canadian Hockey League.

Even with top returning scorer Martin Frk sidelined all season with a concussion, 11 different forwards have lit the lamp. The top-line trio of Nathan MacKinnon, Darcy Ashley and Luca Ciampini has combined for 16 goals, but second-liner Matthew Boudreau has six of his own and a smattering of other players have chipped in. It's all added up to a 6-4 start.

"We've got basically four lines that can put the puck



► Rookie Nathan MacKinnon leads the Halifax Mooseheads' suddenly high-octane offence with 16 points in 10 games.

in the net on any given night," said left-winger Alexandre Cote, who exemplified the Mooseheads' depth on Sunday when he scored two goals and two assists despite starting on the fourth line.

"Scoring goals is not a problem for us, I don't think."

Only once have the Mooseheads averaged 4.3 goals per game in a season, when they hosted the Memorial Cup in 2000.

But their offence has led them to three straight wins. Another tonight at 7 p.m. against the Blainville-Boisbriand Armada at the Metro Centre would give them

just their second four-game winning streak since 2008-09.

"We're not stopping now," Abeltshauser said. "We want to have a good roll going and climb up. We're (ninth in the league) right now and we're not finished yet. We want to go higher."

QMJHL standings

MARITIMES DIVISION				
	W	L	O	Pts
MONCTON	7	6	1	15
SAINT JOHN	7	5	0	14
CAPE BRETON	6	5	1	13
HALIFAX	6	4	0	12
BATHURST	5	8	1	11
P.E.I.	3	8	1	7
EAST DIVISION				
	W	L	O	Pts
SHAWINIGAN	8	4	1	17
BAIE-COMEAU	8	3	0	16
QUEBEC	7	2	2	16
VICTORIAVILLE	8	4	0	16
CHICOUTIMI	5	4	4	14
RIMOUSKI	6	6	0	12
WEST DIVISION				
	W	L	O	Pts
GATINEAU	7	5	0	14
VAL-D'OR	6	5	2	14
BLAINVILLE-BOIS	6	8	0	12
ROUYN-NORANDA	5	6	1	11
DRUMMONDVILLE	4	6	1	9

Notebook

- The Blainville-Boisbriand Armada, who visit the Metro Centre tonight, are the relocated Montreal Juniors. The Juniors swept the Mooseheads in the first round of last year's playoffs.
- Blainville and Boisbriand are off-island suburbs of Montreal. A group led by ex-NHL defenceman Joel Bouchard purchased the Juniors in the off-season and moved them.
- The Armada, who finished second overall with 40 wins last season, aren't as powerful this time around, ranking 15th among 17 teams with a 5-8 record.
- Right-winger Martin Frk and blueliner Steve Gillard, key Mooseheads contributors who are out with concussions, are expected to miss tonight's game.

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Cruz the hero again

► Rangers outfielder hits 11th-inning home run as Texas takes 3-1 lead in AL championship



Nelson Cruz made a rocket throw to keep the score tied, then hit a crushing three-run homer in the 11th inning off Jose Valverde that helped send the Texas Rangers over the Detroit Tigers 7-3 last night for a 3-1 lead in the AL championship series.

Cruz, whose grand slam in the 11th inning won Game 2, once again starred for the Rangers in a game delayed at the start for more than two hours by rain.

With Detroit runners at the corners in the eighth and the score three-all, Cruz caught Delmon Young's fly ball to right field and made a strong peg to catcher Mike Napoli to nail Miguel Cabrera.

Napoli bloomed a go-ahead single in the 11th and Cruz soon added his fourth home run of the ALCS. Cruz became the first player in major league history to hit a pair of extra-inning homers in the same post-season se-



► Elvis Andrus scores on a single by Rangers teammate Michael Young in the sixth inning. Texas won 7-3.

ries.

Texas tries for its second consecutive AL pennant on Thursday, sending C.J. Wilson to the mound to face Detroit ace Justin

Verlander.

The ALCS has marked quite a turnaround for Cruz. After going just 1 for 15 in the first-round play-off win over Tampa Bay,

he's 5 for 14 with 9 RBIs in only four games against the Tigers — and seven of those RBIs have come in the 11th inning alone.

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THE WEEK



Campbell (Left)
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Fave Player: Derek Rose

William (Right)
Fave Team: Toronto Raptors
Fave Player: Chris Bosch

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EASTLINK

Red Sox GM Epstein joins Cubs: Reports

▶ 37-year-old reportedly leaving Boston after agreeing to a five-year deal with Chicago

Boston Red Sox executive Theo Epstein has agreed to a five-year contract with the Chicago Cubs, according to multiple media reports.

The 37-year-old Epstein would leave the Red Sox with a year remaining on his contract as general

manager and take over what is expected to be an expanded role with the Cubs, who have gone 103 years without a World Series championship.

Radio station WEEI in Boston, ESPN the Magazine and SI.com all cited uniden-

tified sources in reporting that Epstein has agreed to a deal. Details, which could include compensation to the Red Sox, were still being worked out.

The Cubs declined comment yesterday and Red Sox officials could not be

reached by The Associated Press.

On Tuesday, a person familiar with the situation told the AP that Epstein was likely to join the Cubs within 48 hours.

With Epstein at the helm, the Red Sox ended an

86-year World Series championship drought in 2004 and won the title again in 2007.

Cubs chairman Tom Ricketts fired GM Jim Hendry in August and the team finished 71-91.

THE ASSOCIATED PRESS



▶ Theo Epstein

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Circles of Support and Accountability (CoSA). Is an important community safety initiative seeking new volunteers. CoSA is a community of volunteers and professionals who form a circle around released sex offenders to assist these individuals to successfully reintegrate into the community. Join us for an Orientation evening, Oct. 31th, 7-9pm
Faith Tabernacle Church, 6227 Summit St. (Corner of Summit and Windsor).
For more information please contact Shirley Dixon 492.0569

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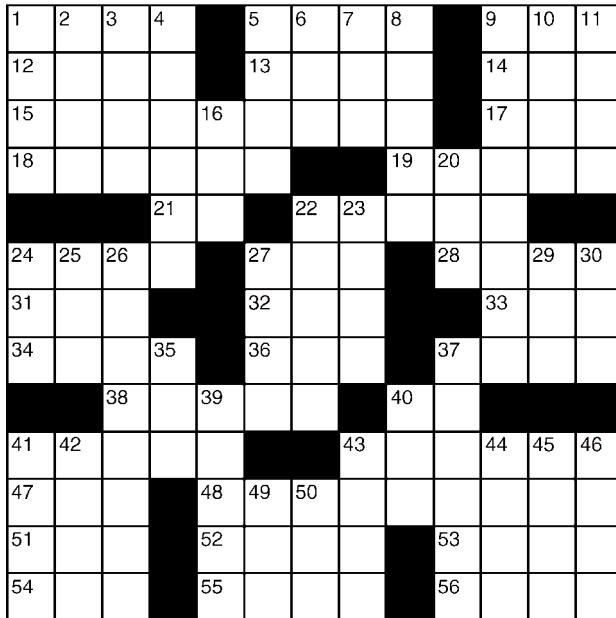
Crossword

Across

1 Navigator's stack
5 Deck in the ring
9 Upper surface
12 Oil cartel
13 Leading man?
14 "Hail, Caesar!"
15 Pianist's ticker
17 Barbie's companion
18 Agreement
19 No stay-at-homes
21 Lindbergh book
22 Plot mathematically
24 Back talk
27 Greet the villain
28 Grant's —
31 Thickness
32 Once around the track
33 Long March leader
34 Yin counterpart
36 Salt Lake athlete
37 Titanic's destroyer
38 Knighted women
40 "Monopoly" square
41 Increase in troop levels
43 Antenna
47 Yoko of music
48 Houston sports venue
51 Poorly lit
52 Squad
53 Rams' fans?
54 Chowd down
55 Stitches
56 Carry on

Down

1 NYC cultural centre
2 "Planet of the —"



3 Household critters
4 Threaded nails
5 Philosopher Immanuel
6 Big bother
7 Sweet potato
8 Last letter
9 After-taxes
10 Finished
11 Nerd-pack contents
16 Indivisible
20 Choose (for)
22 "The Men Who Stare at —"
23 Lasso

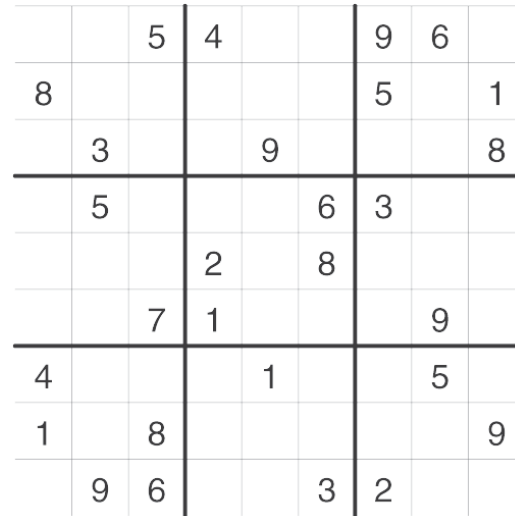
24 Agent
25 In the manner of
26 Stockholm —
27 Sad
29 Scratch
30 Cranberry territory
35 Joke
37 Edge
39 Butcher's wares
40 Earth (Pref.)
41 Pop
42 Troop group
43 Weaponry
44 Midwest state
45 "So be it"
46 For fear that

49 Witness
50 Playing marble

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

2	5	6	9	1	3	7	8	4
1	3	4	2	7	8	5	9	6
7	8	9	5	4	6	3	2	1
9	4	5	7	2	1	6	3	8
3	2	8	6	5	4	1	7	9
6	1	7	3	8	9	4	5	2
5	7	1	8	6	2	9	4	3
8	6	3	4	9	7	2	1	5
4	9	2	1	3	5	8	6	7

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Lye, Things seem fading away I admit it. But I have JandLye etched in stone, and no matter how much wind blows our way we'll remain together, forever and a day. I know you feel the same way I just want to let you and the whole world know I love you. J

thatgirlfromthystore, Hey, just wanna send a kiss to you, miss you each day I don't see you. BUDDYBOI

Kutti, You can't be my boy, you r the 50 yrs old guy(haha). My hero never compare me with others (smile), he knows I feel jealous :) who r u? WONDER WOMAN

canny71, "If I could reach up and hold a star for every time you've made me smile, the entire evening sky would be in the palm of my hand." "author unknown"~ KACKE

Today's horoscope

♈ Aries March 21-April 20 The more you put yourself out for friends and colleagues today, the more you will benefit.

♉ Taurus April 21-May 21 Try not to get so close to something you are working on that you lose your sense of perspective.

♊ Gemini May 22-June 21 Get busy working on a creative project that will benefit not only you but other people as well.

♋ Cancer June 22-July 22 Someone you love will demand more independence today, if you are smart you will give it to them.

♌ Leo July 23-Aug. 23 If you use your social skills wisely today, you will make friends with people who can help transform your life.

♍ Virgo Aug. 24-Sept. 22 Any barriers you encounter today are there for a reason, so don't moan that fate is being unkind.

♎ Libra Sept. 23-Oct. 23 Today's Sun-Saturn union will remind you how important it is not to get carried away. Think before you act.

♏ Scorpio Oct. 24-Nov. 22 There are things in your life that have been holding you back from your full potential. Get rid of them.

♐ Sagittarius Nov. 23-Dec. 21 It's good that you are ambitious but you also need to stay on good terms with people who can help.

♑ Capricorn Dec. 22-Jan. 20 The most important thing today is that you guard your independence and your right to be different.

♒ Aquarius Jan. 21-Feb. 18 A Sun-Saturn link will bring a challenge. You'll handle it with ease. It will be a confidence booster.

♓ Pisces Feb. 19-March 20. You have backed yourself into a corner from which it won't be easy to escape. **SALLY BROMPTON**

Caption contest



WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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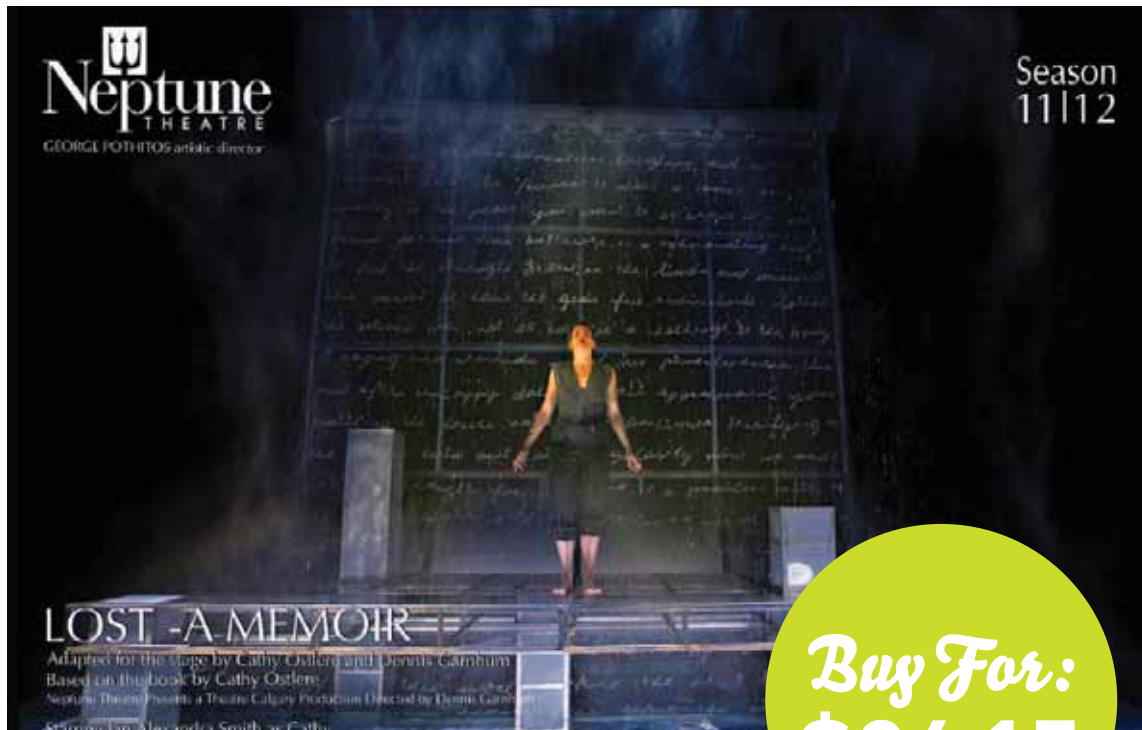
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